



Brampton Multicultural Community Centre

CLINICAL COUNSELLOR

EXTERNAL POSTING

Position: Full Time | **Working Hours:** 35 per week | **Location:** Peel Region

Brampton Multicultural Centre (BMC) is a charity, established in 1987, that provides settlement and social services to newcomer, immigrant and the larger community in the Peel Region. Our mandate is to enable less advantaged individuals, families and groups in the community to achieve their potential, improve their life skills and build their futures. BMC also offers a variety of programs and services to assist youth, develop their leadership skills, enhance their community engagement and prepare them to meet the needs of the present labour market. The Clinical Counsellor will be working as a key member of our youth team and will be primarily responsible for the delivery of mental health supports, crisis intervention, trauma informed care, individual / family case management, advocacy and consultation for young adults involved with guns, and gang related offences.

RESPONSIBILITIES

- Provides goal-focused counselling for young adults and their families who are struggling with mental health issues.
- Perform needs assessment for young adults who are involved or are at risk of becoming involved in gun and gang related activities
- Complete comprehensive assessments, develop and deliver collaborative treatment plans and provide case management to clients.
- Provide clinical interventions, , including Cognitive Behavioural Therapy, Narrative Therapy, Motivational Interviewing, and Trauma Informed Care therapy to clients
- Manages cases: follows up by telephone; makes appropriate referrals; researches and coordinates external services; works with multidisciplinary professionals, such as child protection and youth justice.
- Maintain all required documentation and other resources for client and group sessions: takes clinical notes during counselling sessions, enters information, and prepares assessments and reports.
- Act as a positive adult role model to clients including: ongoing feedback, accountability, positive discipline, emotional support, effective communication skills, conflict resolution skills..etc.
- Plan, develop and deliver Life Skills sessions to young adults on different topics such as exiting gangs, violence, personal awareness, problem solving, healthy relationships, anger and conflict management, finding and keeping a job, self-esteem, healthy living, job readiness etc.
- Any other related duties complementary to the job.
- Reports to Executive Director or his/her designate

QUALIFICATIONS/SKILLS

- Master's degree in Social Work, Psychology or related degree with the ability to sign off on counselling hours/sessions as required by the courts.
 - 2-4 years' experience as a counsellor working with young adults and their families struggling with mental health issues.
 - Knowledge of and experience in the delivery of clinical interventions, including Cognitive Behavioural Therapy, Narrative Therapy, Motivational Interviewing, and Trauma Informed Care therapy.
 - Demonstrated ability to work with multi-need clients utilizing a goal-focused approach
 - Outstanding interpersonal, communication, conflict resolution and group facilitation skills
 - Knowledge and experience with case management
 - Well organized, team player who is able to take initiative, manage change, prioritize, multi-task and meet deadlines
 - Effective report writing and ability to conduct program evaluation
 - Experience working with the local government and youth service providers is an asset
 - Fluent in English; ability to speak, read and write another language is a definite asset
 - Strong communication (oral and written), and computer skills (Teams/ Word, Excel, PowerPoint, Outlook), Social Media (Facebook, Twitter, LinkedIn etc.) and Web based databases.
 - Flexible to work evenings or weekends if and when required
 - Police Record Check for Vulnerable Sector is required at your own expense
 - Must own vehicle and a valid driver's license, and liability insurance that covers your vehicle being used for job related travelling as and when needed.
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The positions anticipated start date is September 7th, 2021

Please submit your resume along with a cover letter in ONE document (PDF, or Word) referencing **BMC-JC-0190- Clinical Counsellor by August 15th, 2021 to:**

Human Resources Department
Brampton Multicultural Community Centre
197 County Court Blvd, Suite 303, Brampton, ON L6W 4P6
Email: hr@bmccentre.org

BMC is an equal opportunity employer, promotes the principles of diversity and equity, and adheres to the tenets of the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act. Accommodations are available upon request; all requests must be made to the HR department in advance.

(WE THANK YOU FOR APPLYING. ONLY CANDIDATES SELECTED FOR AN INTERVIEW WILL BE CONTACTED)