

Arts and Crafts For seniors

Every Monday

1 - 3 PM

Feel more relaxed
and in Control

Socializing
with others

Improve Cognition
and Memory

Register today
by Clicking here



Brampton Multicultural Community Centre

www.bmccentre.org [f/BMCCentre.org](https://www.facebook.com/BMCCentre.org) [@BMC_and_MCS](https://twitter.com/BMC_and_MCS)

Ontario

